

MENTEE SKILLS

MCI Mentees are students who take responsibility for their professional and personal development and who see added value in being accompanied by an experienced person (mentor).

As a mentee, you are primarily responsible for the organisation and the focus of the mentoring phase. This includes, among other things, finding dates for meetings, working out and defining topics (personal topics, topics for studies, career entry, etc.) and goals, asking questions, discussing issues, trying out and implementing new approaches, and receiving and acting on feedback. Throughout the entire program, it is up to you, the mentee, to stay in touch with the mentor and keep the mentoring relationship going.

Here is a set of qualities that will help you get the most out of this program:

1 organisation:

- Set meetings and agendas
- Be well organized and conscientious
- Documentation
- Drive the process

2 attitude:

- Develop trust
- Open to challenge, new ideas & thinking
- Receptive to feedback and advice
- Responsibility for your own growth
- Positive approach: learn and have fun

3 commitment:

- Availability and responsiveness
- Goal setting and self-awareness
- Follow up on action items
- Openness to Self-reflection